



Tour to the Roots of Science of Mind



New England Fall Foliage and New Thought Tour

October 15th - 20th, 2018

Price: \$1889.00

Join Reverend Dr. Heather Clark for an exciting journey to New England, USA to visit sites where the New Thought movement began. We will begin our pilgrimage in Bethel, Maine, the childhood home of Ernest Holmes. Our journey will then lead us to Newburyport, Massachusetts where we will stay for three nights. You will enjoy a free day on your own to explore the historic town or take the train to Boston and take the opportunity to walk the Freedom trail from downtown Boston to Bunker Hill. The following day we will bus to nearby Concord visiting Emerson's house and walking around Walden Pond where you will have the opportunity to see Henry David Thoreau's cabin.

TRIP TO NEW ENGLAND

JOURNEY OF DISCOVERY OF NEW THOUGHT'S ROOTS

Day 1: October 15th Fly to Portland, Maine

After arrival in Portland, Maine, we will be picked up by a charter bus and travel two hours to Bethel, Maine. Ernest Holmes, one of the foremost philosophers and metaphysicians of the 20th Century, acquired "the basics" of education in Gould's Academy in Bethel.

Today Gould Academy is a private, co-ed, college preparatory boarding and day school. The town of Bethel is a rare blend of farming, forestry, education and tourism. We will have a welcome dinner in Bethel this evening.

Hotel : Inn at Rotsay



DAY 2: October 16th Bethel , Maine

At our morning meeting we will discuss the importance of Ernest Holmes in the New Thought movement. We will trace his history where he grew up in nearby Lincoln, Maine and his studies at Gould Academy. The first real town Ernest Holmes lived in was Bethel, Maine. In this small community he had his first exposure to a life of more than farms and forests. Much of his youth was spent in Bethel, where he received his only formal education and encountered his first actual church.

Learning about his life, our goal is not just to learn about the life of this man but to attempt to capture his consciousness knowing that consciousness is the vitality of his teaching. Ernest Holmes said; "Our time should be devoted to knowing the Truth that sets humanity free from the problem of ignorance; that Truth which alone can bring enlightenment to the world, that war should cease, that people should live together in harmony because they have recognized the Divinity within each other."





After our morning meeting we will have lunch on our own before returning to an afternoon question and answer session with Dr. Heather. Afterwards we will take a short, 1 hour drive, along Sunday river road. You don't have to wander far out of Bethel to feel like you're cruising through the forest primeval. The paved Sunday River Road branches off of Route 2 just a couple of miles north of town, then winds past farms alongside its namesake stream in the shadow of the ski hill. Four miles in, you'll find the

postcard-perfect Sunday River Bridge, built in 1872 and nicknamed Artist's Covered Bridge because it's so often painted and photographed .

Returning to town you will have the opportunity to explore the beautiful scenic town of Bethel and take a two mile stroll along the Bethel pathway, a the trail follows the Androscoggin River. This will be a short meditative walk. Afterwards, you have the option of dining with the group or on your own in a Bethel Restaurant.

Hotel : Inn at Rotsay



DAY 3: October 17th Bethel to Newburyport, Massachusetts

After the morning meeting we will travel along the beautiful scenic highway to Portland and



then further south to to Newburyport, a small coastal, scenic, and historic city in [Essex County, Massachusetts](#).

A historic [seaport](#) with a vibrant tourism industry, Newburyport is often cited as an example by preservationists of how to maintain a city's architecture and heritage, while still having it remain functional and liveable.

On the way we will have lunch together on the coast.

Upon arrival at the water front Inn at Ring's Island boutique hotel you can have dinner at the hotel or walk across the Merimack Rivar bridge to one of the many restaurants in Newburyport.

Inn at Rings Court



DAY 4: October 18th Newburyport

This morning we will discuss Emma Curtis Hopkins *Notes on the influence of Emma Curtis Hopkins on Holmes; Mrs. Hopkins, known as "The Teacher of Teachers," introduced Ernest Holmes to mysticism, and he learned it was not something to fear but rather it was a deeper*



spiritual philosophy of life. Ernest had always known that he could contact the Infinite Presence within by becoming still and listening to the "inner voice." He had already investigated psychic phenomena, and he had read about the mystics when he wrote the Original Textbook of Science of Mind in 1922. But in Emma Curtis Hopkins he met and had classes with a true mystic. In this small 80-year-

old spiritual teacher, Ernest became grounded in the foundations of mysticism. He now clearly could teach the distinctions between mental science, which emphasized the psychological and spiritual science that relied on the spiritual and the mystical. He discovered that his teaching, up to that point, had been lacking the mystical element. Ernest was Mrs. Hopkins' last student.

After our meeting you have the day free to explore the rich history and culture of Newburyport or you can take the commuter train to Boston and visit Boston Common, see Copley Square and the Boston Christian Science Center's magnificent reflecting pool, or walk the historic freedom trail from the Boston Commons to Bunker hill.

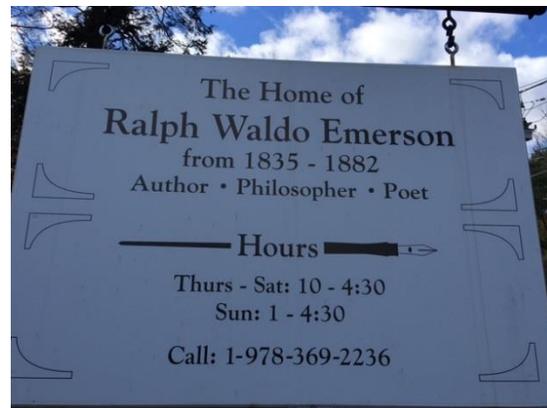
Lunch and Dinner on your own

DAY 5: October 19th Boston, Concord

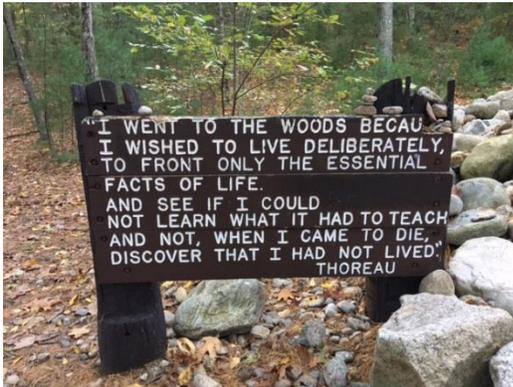
Today after our morning meeting, we will travel to Concord by coach and visit Emerson's house and museum, which is a National Historic Landmark. He and his family named the home Bush. In April 1841, Thoreau accepted an invitation to move into Bush with the family.

Emerson remained in the house for the rest of his life. In it he wrote his famous essays, "[The American Scholar](#)" and, "[Self Reliance](#)". He also entertained a host of notable neighbors and visitors including [Bronson](#) and [Louisa May Alcott](#), [Margaret Fuller](#), and [Henry David Thoreau](#).

Afterwards we will take a short bus ride to Walden Pond. The writer, [transcendentalist](#), and philosopher, [Henry David Thoreau](#), lived on the northern shore of the pond for two years starting in the summer of 1845. His account of the experience was recorded in [Walden; or, Life in the Woods](#), and made the pond famous. The land at that end was owned by Thoreau's friend and mentor, [Ralph Waldo Emerson](#), who let Thoreau use it for his experiment. We will have the opportunity to walk around the lake and



see the site where the cabin once was as well as see a replica of the original cabin. That evening we will have our farewell dinner in Concord.



Notes on the influence of Emerson on Holmes: Ernest Holmes not only read Emerson, but he also talked with much excitement about Emerson's ideas. It was the idea of an independence of mind that Ernest found so rich and vital in Emerson's writings. The poet emphasized nonconformity, which Ernest loved, for independence had been Ernest's trademark for most of his entire life.

"Be yourself," Emerson wrote. "It is easy in the world to live after the world's opinion; it is easy in solitude to live after our own, but the great man is he who in the midst of the crowd keeps with perfect sweetness the independence of solitude." Ernest Holmes was 20 years old when he first read those words, and he reveled in the spiritual freedom that Emerson offered.

Emerson said, "A man should learn to detect and watch that gleam of light which flashes across the mind from within, more than the luster of the firmament of bards and sages. He dismisses without notice his thought because it is his. In every work of genius we recognize our rejected thoughts; they come back to us with a certain alienated majesty." When Ernest Holmes read these words, he knew he would not be afraid to recognize his inner genius and would dedicate his life to helping bring out that same inner genius in all people.

"Reading Emerson was like drinking water to me," Ernest once said. "I have studied him all my life and the first half-dozen lectures or essays, gave me a realization that in a certain sense every man has to interpret the universe in terms of his own thinking and personal relationships, and that in order to do it, he has to have faith and confidence in his own interpretation."



This "individual interpretation" was a theme by which Ernest Holmes lived. Although he chose his spiritual path and never veered from it, he was tolerant of the opinions and beliefs of others. He never criticized another person's ideas.

Day 6: October 20th Return Home

After the morning meeting, depart for home !

\$1889.00 Land only!

- Tour includes:
- 5 Nights hotel (two in Bethel, Maine and three in Newburyport, Massachusetts).
- Daily Breakfast
- Two dinners and one lunch
- Daily Tours and Transport
- Admission tickets to Emerson's house and Walden Pond
- Daily meetings and Spiritual Practice with Reverend Dr. Heather Clark
- Spirit Tours Tour Coordinator services



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